|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Day of the week** | **COSTS** | | | | | | | |
| **Meal price** | **Ticket price** | **Price for coffee and drinks** | **Price of books ...** | **Phone bill** | **Price of instruction** | **Shoes, clothes and makeup** | **Bus ticket** |
| Monday |  |  |  |  |  |  |  |  |
| Tuesdya |  |  |  |  |  |  |  |  |
| Wednesday |  |  |  |  |  |  |  |  |
| Thursday |  |  |  |  |  |  |  |  |
| Friday |  |  |  |  |  |  |  |  |
| Saturday |  |  |  |  |  |  |  |  |
| Sunday |  |  |  |  |  |  |  |  |
| IN TOTAL |  |  |  |  |  |  |  |  |
| TOTAL |  | | | | | | | |

This is the first week that you keep track of your income and expenses. Be persistent and don't give up the first time you forget to enter your daily data.

* What did you spend the most on?
* Did you spend more, less or just as much money as you planned?
* How do you comment on total expenses at the end of the week?
* Do you think that recording your daily expenses has changed your attitude towards spending and affected your spending habits?
* Is there anything that particularly surprised you?